Faith Formation

What is Family Faith Formation?

Family Faith Formation is a program designed to help children and parents grow together in their faith. It includes monthly in-person sessions for both parents and their children, and supported learning at home during the rest of the month.

Why was the Family Faith Formation program added?

This program accommodates the busy schedules many families face each day by offering one monthly Family Gathering for the whole family (children AND parents), and at-home chapters. It also allows parents to become more deeply involved in their children's faith formation, helping parents grow in their faith as well!

I'm not a trained catechist. How do I help my children with the learn-at-home component?

The program uses the Discover! Program by St. Mary's Press. During the monthly session, parents are equipped by parish leaders to share their faith with their children throughout the month. At the same monthly meeting, children meet with grade-level catechists and review the monthly lessons completed at home. Parents and children then work together at home over the following few weeks to dig deeper into the topic. Parents are given ample support through the monthly meetings, St. Mary's Press Discover! Resources, and parish catechetical leaders.

What resources are available to help me?

In addition to the monthly meetings, St. Mary's Press provides a Home Guide for each at-home chapter that is very easy to follow. St. Mary's Press also offers an e-learning option and additional ideas and activities for each chapter. The parish Director of Faith Formation is also available with additional resources or to answer questions as needed, and the monthly Family Gatherings allow parents to network, discuss and share.

Can I work with other families in the program to help "share the load?"

We encourage families to meet and work with other families who have children of similar ages. Pairings like this help provide community for the children in their learning and ease the time challenges for families!